

Welcome to Camp!

FROM THE DIRECTOR

My name is Courtney, and I am the Traditional CIT Director this summer. We are thrilled that your teen will be joining our camp leadership team.

Throughout the program, participants will explore:

- Child Development
- Leadership Skills
- Program Management
- Teamwork & Communication
- YMCA Core Values

Our Counselors in Training play an important role in creating a safe, welcoming, and inclusive environment for campers and staff.

We can't wait to meet you!

For additional information, please review the Camp Parent Handbook available on our website.

CAMP LOCATION

Week 1	6/21 – 6/25	St Joe's: 240 Franklin Ave, Maplewood	Classroom Training
Week 2 – 3	6/28 – 7/2	SOMAPY or YKnots	*must attend Week 1 to register
Week 4	7/12 – 7/16	St Joe's: 240 Franklin Ave, Maplewood	Classroom Training
Week 5 – 9	7/19 – 7/23	SOMAPY or YKnots	* must attend Week 1 or 4 to register

Questions? Call (973) 762-4145 or email Courtney at clabossiere@metroymcas.org





TOP TIPS FOR A GREAT START TO CIT

- Talk with your teen about camp and leadership expectations.
- Help your teen prepare the night before. CIT days are active, structured, and primarily outdoors.
- Establish a routine. Knowing what to expect can reduce anxiety and help participants start their day successfully.
- Allow extra time each morning for breakfast, preparation, and arrival.

WHAT TO BRING

- Sunscreen
- Reusable Water Bottle
- Lunch & Plenty of Snacks
- Rain Jacket or Poncho
- Sunglasses and/or Hat
- Swim Clothes (not needed for classroom training)

IMPORTANT REMINDERS

- Label all belongings with your teen's name.
- Leave valuables and unnecessary electronics at home.
- Have an open mind and be ready to learn from diverse experiences and perspectives.
- Bullying, including verbal, physical, or online behavior, will not be tolerated.

COMMUNICATION

We will communicate throughout the summer primarily through BAND.
Please notify us immediately if your contact information changes. Weekly updates and weather-related location changes will be shared through BAND

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DROP-OFF PROCEDURES – Classroom

Week 1 & 4 (St. Joseph's)

- Sign In: 8:45 AM – 9:00 AM
- Sign Out: 3:00 PM – 3:30 PM
- Guardians should ensure participants arrive prepared for a full day.

DROP-OFF PROCEDURES – Camp

Weeks 2 – 3, 5-9 (Camp Placement)

- Sign In: 8:15 AM – 8:30 AM
- Sign Out: 3:00 PM – 3:30 PM
- CITs report directly to their assigned camp location.

PICK- UP PROCEDURES – All Locations

Walkers/Bikers

- Participants may walk or bike to and from camp with a signed permission form.

Curbside Pick-Up

- Remain in your vehicle.
- Staff will assist with sign-in and sign-out procedures.
- Help us maintain safe and efficient traffic flow.

CAMP ASSIGNMENTS

CITs will be assigned to a camp based on camp and program needs. Program preferences are taken into account but do not gaurantee placement.

Camp: YKnots|| Director: Ms Taheerah
Location: South Mountain YMCA, 13 Jefferson Avenue, Maplewood
Camper Ages: Entering grades Pre-K – K

Camp: SOMAPY || Director: Mr Zach
Location: Memorial Park, 580 Valley St, Maplewood
Camper Ages: Entering grades 1-6
Rainy Day Location: TBD

CAMP PROGRAM EXPECTATIONS

One CIT will be assigned to a camper group. Group Assignments may change based on the day's camp support needs.

- Work alongside Senior and Junior Counselors.
- Groups rotate through activities throughout the day.
- Participate in morning check ins.

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