

Welcome to TEEN Camp!

FROM THE DIRECTOR

We are beyond excited to welcome you to Teen Adventure Day Camp.
Everyday ispacked with fun challenges, thrilling activities and memories waiting to be made.

Please see information below to best prepare for camp.

Weekly Themes

Week 1: June 21st-June 25th Wild & Wacky Week

Week 2: June 28th-July 2nd ARTrageous Adventures Week

Week 3: July 5th-July 9th Wilderness Warriors Week

Week 4: July 12th-July 16th Science Gone Mad Week

Week 5: July 19th-July 23rd Carnival Week

Week 6: July 26th-July 30th All Sorts of Sports Week

Week 7: August 2nd-August 6th Beyond the Portal Week

Week 8: August 9th-August 13th Camper vs. Counselor Showdown

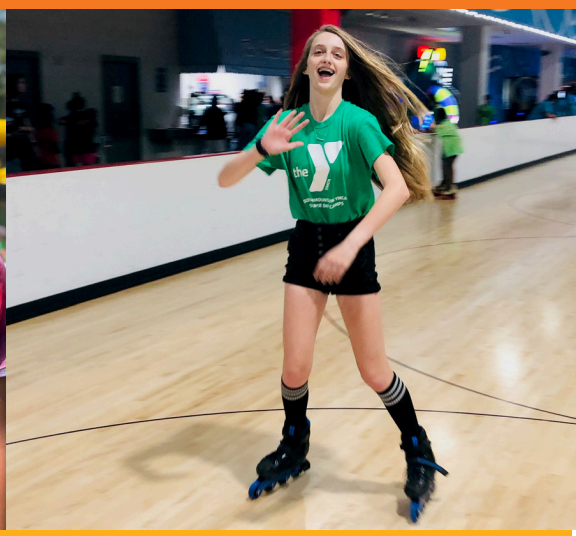
Week 9: August 16th-August 20th Reality Show Week

Our summer camp programs use Pulse, a management system where you'll input essential camper information (emergency contacts, health details, etc.).

This information must be completed before your child's first day at camp.

Questions? Call (973) 762-4145 or email Casey Cabrera:
ccabrera@metroymcas.org





DROP-OFF/PICK-UP PROCEDURES

Teen Adventure is held at Milo S. Borden Park (67 Orchard Road, Maplewood). Traffic can get busy, so please account for longer drop offs. We can also provide a Walk Home Waiver prior to or on the first day of camp so that your child can sign themselves in/out.

Drop-Off Schedule:

7:30-9am at 67 Orchard Road, Maplewood

Pick-Up Schedule:

3:00-3:30pm (inside the park by the picnic tables)

Aftercare:

Aftercare is bussed to the Maplewood Civic House at 3:30pm
124 Dunnell Road, Maplewood.

Rainy Day Location: TBD

Important Notes:

Camp hours: 9:00am-3:00pm (Drop-off starts at 7:30am).
If your child walks to camp or signs themselves in/out please contact us for a Sign-In/Sign-Out Waiver.
If dropping off or picking up at a non-designated time, call the camp cell phone (862) 400-8982.

IMPORTANT CONTACTS

Welcome Center: (974) 762-4145

Camp Cell Phone: (862) 400-8982

Camp Director: Casey Cabrera: ccabrera@metroymcas.org

Youth Development Director, Tommy Donaldson:tdonaldson@metroymcas.org

Associate Executive Director, Eric Stoddard: estoddard@metroymcas.org

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Swim

Tuesdays and Thursdays for free swim, unless notified otherwise.

Items for Water Days:

Swimsuit, Towel, Change of clothes, Plastic bag for wet items
If your child doesn't wish to swim, they can let us know, and we'll ensure they have an alternative activity.

Trips (Monday, Wednesday, Friday)

Trip itinerary will be available for parents. The itinerary will have details such as trip address, what time the bus leaves the park, what campers need to bring (lunch, spending money, etc.) as well as when the bus returns to the park.

Please note: Some trips may be late trips which return after the 3:30pm camp day. In some cases the pick-up location may be different than the park location. This will be detailed in the itinerary.

Camps for a Cause-Snack Shack!

We will be selling snacks Monday through Friday during lunch, free time and dismissal. Each snack will be worth $2 (Gatorade, cookies, chips, etc) We accept cash or there will be a QR code to donate coming soon. If using the QR code be sure to include your child's name so we know who the funds are for.

All proceeds will go to the YMCA Camps for a Cause which supports local kids and families to attend YMCA programs.

CAMP REMINDERS & HEALTH/SAFETY

- Medications: Bring prescribed medications in their original, labeled container. Emergency meds (e.g., inhalers, epi-pens) will be stored with the group's Coordinator.
- Sunscreen: Apply sunscreen before camp, and pack extra for reapplication.
- Water Bottles: Pack a refillable, labeled water bottle.
- Footwear: Sneakers are required daily (no flip-flops or open-toed shoes).

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Nut-SAFE:

We are a nut-free facility. Avoid packing any snacks containing peanuts/tree nuts.

Lost & Found:

Items not claimed by session end will be discarded, check before leaving!

Prohibited Items:

Leave electronics, toys, and stuffed animals at home. Phones and smartwatches must remain off and are not to be used during camp.

If a camper needs to contact a parent, they will ask a staff member. Please reach out if you have any questions.

We're excited for a fun and safe summer!

Casey Cabrera
Director of Teen Adventure Camp

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